

# ENERGY SAVING TIPS

### HEATING

- Set thermostat to 65°-70° during the day when you are at home. Turn heat down to 55°-60° at night. If you feel cold, adjust the heat.
- If you have a heat pump, set temperature and don't change it. Turn up heat no more than 5° at a time to avoid using emergency heat.
- Keep heating vents and interior doors open so heat enters all rooms. This helps protect your heating system and reduces mold growth.
- Check furnace filters every 3 months and replace or clean if dirty. Clean filters help your furnace run more efficiently and last longer.
- If you use space heaters or baseboard heaters, you may need to move furniture so heat can enter room more easily and safely.

## COOLING

- Open windows or doors to let in cool morning or evening air.
- Close curtains or blinds to keep the sun from overheating room.
- Use a fan. Air blowing across you skin can make you feel cooler.

## HOT WATER

- Set hot water temperature to 120° for energy saving and safety.
- Wash clothes in cold water to save money and keep colors bright.
- Install water-saving faucet aerators, showerheads and toilets.

# KITCHEN

- Unplug extra refrigerator or freezer if you don't really need it
- Clean under and around refrigerator at least every six months.
- If possible, replace refrigerator with more energy-efficient model.

### LIGHTING

- Replace incandescent light bulbs with energy-efficient LEDs
- Turn off lights if you don't need them on. Open curtains to let in natural light

# MOISTURE

- Run exhaust fans when cooking, bathing or showering.
- Check dryer vent to make sure it vents to outside.
- Clean up spills and wet surfaces as soon as possible.

# SAFETY

- Install a smoke alarm on each level of your home.
- Install a carbon monoxide alarm on each level of your home.
- Wear gloves and face mask when cleaning mold.

### **Energy Conservation**

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